



# BTEC Sport



## Qualification

BTEC First Award Level 2

## Exam Board

Edexcel

## What Will You Do?

Studying:

- Unit 1-Fitness for sport and exercise
- Unit 2 – Practical sports performance
- Unit 5- Training for personal fitness
- Unit 6- Leading sports activities

This is a practical course where you will be expected to take part in a wide range of practical sports, analysing performances and engaging in coaching opportunities. ]

This will be supported by theoretical aspects and written assignments.

## Assessment Details

75% of units will be assessed through a portfolio of work and 25 % through an exam. (60 mins).

This course comprises 120 guided learning hours across all units.

You will be given class time and homework time to work on your portfolios. Students will participate practically in selected activities which will incorporate practical ability, knowledge of rules and reviewing performances.

Assessment of each unit will be internally assessed and externally verified.

Work is assessed within the Pass/merit/distinction framework contributing to an overall points score and grade.

## Is BTEC Sport for you?

This qualification is equal to one GCSE and is based on the theory and practical aspects of sport, exercise and fitness: appropriate to the sport industry.

The course explores fitness, training and personal performance, and analysis of the performance of others.

You will be expected to take responsibility for your own work by meeting deadlines and preparing for assessments.

You will also take part in a range of leadership opportunities both within curriculum time and as part of extra-curricular provision.

Possible Career Options	Further Education
Sports coaching Fitness Instructor Physiotherapist Sports professional Sports industry professional	BTEC Level 3 Apprenticeships AS/A2 PE Coaching awards and qualifications