



E-safety newsletter for parents – Term 1

12 TIPS OF CHRISTMAS

Technology is now one of the most popular Christmas presents for our students with tablets, smartphones, game consoles and smartwatches likely to be asked for. We have therefore put together a collection of useful links and tools for parents, not just for Christmas:

1	Set up parental controls , app or software on new devices.	http://www.techradar.com/news/the-best-free-parental-control-software https://www.tomsguide.com/us/best-parental-control-apps,review-2258.html
2	Set up home internet filtering	https://www.internetmatters.org/parental-controls/interactive-guide/ www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider
3	Know the age ratings for games and apps	for Games: www.pegi.info/en/index/ for Apps: check Itunes or Google Play
4	Agree and manage screen time (e.g. set a 'digital sunset')	http://www.huffingtonpost.com.au/jocelyn-brewer/set-a-digital-sunset-for-b-8444132.html https://www.common sense media.org/screen-time/how-much-screen-time-is-ok-for-my-kids
5	Talk about selfies	https://www.internetmatters.org/hub/question/selfies-and-self-esteem-what-are-the-key-issues-that-parents-should-be-aware-of/
6	Go through your child's privacy settings with them	https://www.common sense media.org/privacy-and-internet-safety/what-are-the-best-privacy-settings-for-my-computer-and-smartphone https://www.saferinternet.org.uk/advice-centre/social-media-guides
7	Check if any of the mobile apps they use have location services enabled, (e.g. Ghost Mode in Snapchat)	Android: https://support.google.com/accounts/answer/6179507?hl=en Apple: https://support.apple.com/en-gb/HT207092
8	Show them how to report offensive comments or block people	https://www.westyorkshire.police.uk/offensive-messages-and-posts-social-media https://www.maketecheasier.com/report-offensive-behavior-on-social-media/

9	Check ' tagging ' settings so that your child's identity is not revealed	Facebook: https://en-gb.facebook.com/help/community/question/?id=700455260039556 Instagram: https://smartphones.gadgethacks.com/how-to/instagram-101-keep-people-from-tagging-you-posts-0178276/
10	Encourage your child to talk to you if they see anything that upsets them	https://www.internetmatters.org/advice/guide-encourage-kids-share-digital-lives/
11	Find out about how to keep your child safe on livestreaming (live.ly)	https://www.internetmatters.org/hub/guidance/live-ly-app-parents-need-know/ https://www.thinkuknow.co.uk/parents/articles/live-streaming-responding-to-the-risks/
12	Don't share your child's identity and location with people you don't know	https://www.thinkuknow.co.uk/parents/articles/Sharing-pictures-of-your-children/